

FRAMEWORK FOR
Hub Conversations.



Create a date to chat with HUB



Time-bound the chat



The aim is to **"check-in"** with each other



It's **not** therapy

A **1 hour chat** may look like

"Hello"



Catch-up
(5 mins)



Jesus, may we follow you more deeply and authentically

Recall the **2 Virtues**

→ **How are we**

Loving God?

Loving Others?



Initial Feedback
(10 mins)

Focus on one of the **3 Vows**, or give specific time to each (30 mins)



Surrender.



Generosity.



Mission.

(See sample questions)



Time for final input and insights



Comment
(5 mins)



Pray
(5 mins)



Action points
(5 mins)